

# The Club Menu

## BREAKFAST

### THE CLUB BREAKFAST 988kcal £11.95

Two rashers of grilled thick dry cured bacon, two Cumberland pork sausages, hash brown, baked beans, mushrooms and eggs cooked to your liking, served with toasted malted or white bloomer bread.


### THE SMALLER BREAKFAST 506kcal £8.25

One rasher of grilled thick dry cured bacon, one Cumberland pork sausage, baked beans and eggs cooked to your liking, served with toasted malted or white bloomer bread.





### THE VEGETARIAN CLUB BREAKFAST 570kcal £11.50

Two vegan Cumberland sausages, hash brown, baked beans, mushrooms and eggs cooked to your liking, served with toasted malted or white bloomer bread.


### BREAKFAST ROLLS £5.95

A choice of bacon 485kcal, Cumberland pork sausage 681kcal or vegan Cumberland sausage 461kcal 

Add any additional items to your breakfast: £2.00

Avocado 164kcal , bacon 177kcal, Cumberland pork sausage 248kcal, fried egg 205kcal, hash brown 135kcal , mushroom 42kcal , baked beans 37kcal , black pudding 165kcal


## SANDWICHES, WRAPS AND FLATBREADS

All sandwiches are served on malted bread as standard (white or gluten free bread available ) served with crisps and dressed leaves.

### Upgrade to Baguette £2.50

Swap Crisps to Fries 259kcal £2.00 , Cajun Fries 204kcal  £2.25 or Sweet Potato Fries 188kcal £2.50 

### SPICY CHICKEN WRAP £9.50

A choice of grilled 483kcal, breaded 658kcal or vegan chicken strips 560kcal  with mixed leaves and sweet chilli sauce.

### CHEDDAR CHEESE AND PICKLE SANDWICH 821kcal £7.50

Sliced mature cheddar cheese and pickle.

### HAM SALAD SANDWICH 670kcal £7.95

Home cooked ham with Cos lettuce, tomato, Dijon mayonnaise.

### FISH FINGER SANDWICH 1078kcal £8.95

Chunky fish fingers, rocket leaves and tartare sauce.

### BLT 583kcal £8.95

Thick cut dry cured bacon with lettuce and tomato.

### PRAWN AND LEMON MAYONNAISE SANDWICH 736kcal £8.95


Prawns tossed in paprika & lemon mayonnaise.

## SOUP


### PLEASE ASK FOR TODAY'S SOUP £4.50

Served with half a baguette.

## TOAST


Two slices of white or malted bloomer bread ( available).

### Preserves & Spreads £2.50

Tiptree Jam 345kcal 

Marmalade 351kcal 

Nutella 411kcal

Marmite 354kcal 

### Eggs £5.50

Fried 438kcal

Poached 386kcal

Scrambled 517kcal

Toasted Teacake with Butter 325kcal £1.95

Toasted Teacake with Tiptree Jam 362kcal £2.50

### PORRIDGE 459kcal / 413kcal / 266kcal £3.95

Freshly made porridge made with whole, skimmed or oat milk, served with honey.

Add an additional topping: £2.00 

Fruit compote 18kcal, banana & cinnamon sugar 152kcal

## BAGUETTES

Freshly baked white or wholemeal baguette served with fries and dressed leaves.

### STEAK BAGUETTE 981kcal £12.95

Flash grilled minute steak with grilled onions and Dijon mayonnaise.

### TUNA BAGUETTE 719kcal £9.95

Grilled tuna mayonnaise topped with melted mature cheddar cheese and sweet chilli sauce.

### CHICKEN, BACON & MAYO 741kcal £9.95

Grilled chicken breast & thick cut bacon mixed with mayonnaise.

### CORONATION CHICKEN 986kcal £9.95

Shredded chicken with a curried mayonnaise, mango chutney and sultana sauce.

## BURGERS

All served on a lightly toasted brioche roll with pickled gherkins, sliced beef tomato, Cos lettuce, burger sauce & fries. Naked option available.



### 6OZ CHEESEBURGER 909kcal £12.50

### CHICKEN BURGER 866kcal £12.50

Grilled chicken breast with thick cut dry cured bacon, cheese and barbecue sauce.

### MOVING MOUNTAINS VEGAN CHEESEBURGER 768kcal £12.50

Add additional items: £2.00

Avocado 164kcal , bacon 177kcal, fried egg 205kcal, Monterey Jack cheese 68kcal, Vegan cheese 91kcal 

Add additional items: £3.00

Grilled chicken breast 77kcal

## CLUB FAVOURITES

### **BIG STACK** 1342kcal **£15.95**

6oz beef patty, topped with Monterey Jack cheese, crispy bacon, Cos lettuce, beef tomato, red onion, pickled gherkins, homemade burger sauce and onion rings, served with fries.

### **PLANT BURGER** 928kcal **£15.95**

A Moving Mountains vegan burger, melted vegan cheese, Cos lettuce, beef tomato, red onion, pickled gherkins, homemade burger sauce and onion rings, served with fries.

### **CLUB SANDWICH** 892kcal **£12.50**

Triple deck sandwich with grilled chicken breast, back bacon, Cos lettuce, mayonnaise on toasted bread, served with fries.

## SNACKING / SHARING

### 3 FOR £15 OR £6 EACH

Chicken Wings - Spicy Buffalo 477kcal or Plain Roasted 341kcal

Cheesy Jalapenos 532kcal

Halloumi Bites with Sweet Chilli Sauce 458kcal

Calamari with Garlic Mayo 510kcal

Buffalo Cauliflower Bites 240kcal

Mini Bhaji with Mango Chutney 504kcal

<b>FRIES</b>	<b>£3.50</b> 512 kcal 
<b>FRIES TOPPED WITH MELTED CHEESE</b>	<b>£4.50</b> 720 kcal 
<b>CAJUN FRIES</b>	<b>£3.75</b> 512kcal 
<b>BEER BATTERED ONION RINGS</b>	<b>£4.00</b> 264 kcal 
<b>GARLIC BREAD</b>	<b>£3.50</b> 385 kcal 
<b>GARLIC BREAD WITH CHEESE</b>	<b>£4.50</b> 459 kcal 
<b>MIXED LEAF SALAD</b>	<b>£2.50</b> 30 kcal 
<b>SWEET POTATO FRIES</b>	<b>£3.95</b> 472 kcal 

## MAIN DISHES

### **HAM AND EGGS** 507kcal **£10.50**

Home cooked ham with two fried eggs and fries.

### **CLASSIC SCAMPI** 439kcal **£10.50**


Crispy scampi with fries, garden peas and tartare sauce.

### **STEAK AND EGGS** 383kcal **£12.50**

Grilled 4oz steak, with wilted spinach, grilled tomatoes and poached eggs.

### **PASTA** **£9.95**

Freshly cooked rigatoni pasta with roasted vegetables and your choice of:

**Pesto** 432kcal 

**Spicy Tomato & Basil** 366kcal 


**Creamy Garlic & Herb** 452kcal 

Add chicken 77kcal **£3.00**


### **JACKET POTATO** 71kcal

A freshly baked jacket potato served with a lightly dressed mixed leaf salad.

With your choice of:

**Beans & Cheese** 230kcal **£7.50** 


**Tuna Mayo** 217kcal **£7.95**

**Chilli con Carne** 327kcal **£8.50** 


**Coronation Chicken** 407kcal **£8.50**

**Prawn Mayo** 268kcal **£8.50**

Add an additional topping **£2.00**

Beans 37kcal, cheese 68kcal (  91kcal )





Add an additional topping **£3.00**

Grilled chicken 77kcal, tuna mayo 217kcal, chilli con carne 327kcal , Coronation chicken 407kcal, prawn mayo 62kcal




## TO ORDER YOUR FOOD AND DRINK

Take a note of your table number and order at the bar. All food and drinks will be delivered to your table.

IF YOU'RE A MEMBER DON'T FORGET YOUR  
MEMBERSHIP CARD TO RECEIVE 10% OFF YOUR ORDER.

 Vegetarian,  Vegan,  Gluten free,  Vegan alternative available

We are only accepting card payment as a method of payment. Adults need around 2000 kcal a day.

**Allergens:** If you have a specific allergen requirement please ask our team for information on the dishes in this menu () Vegetarian, () Vegan, () Gluten free. Please note our kitchens work with gluten containing products so we can not guarantee that our dishes will be free of gluten traces. All weights are approximate prior to cooking. Some items on the menu may contain genetically modified soya or maize and some of our products may contain nuts or derivatives. Please ask our staff for further information.



THE CLUB COMPANY